

**New Client Information
for
PROFESSIONAL LYMPHATIC THERAPY and COLONICS, LLC**

We are lymphatic specialists utilizing traditional Manual Lymphatic Drainage (MLD)* techniques as well as Lymphatic Enhancement Treatments (LET) and we provide Colon Hydrotherapy utilizing the Gravity Method (closed system). Our therapists are licensed, professional and highly trained to treat myriad health conditions. We also provide traditional massage, ionic detox foot baths and BioMat© sessions.

Address: 9371 US 19N, Ste B, Pinellas Park, FL 33782 in the Mainland's Office Complex, just south of Bill Jackson's.

Arrival and Parking: There is no need to arrive early; we pride ourselves on running on time, however, exceptions do occur. Our front door will be locked while we're in session, so if you arrive early, we will be out shortly. There are plenty of free parking spaces for everyone. **If you are running late, please call Laura @ 727.492.0060, although if she is still with a client, she may not be able to respond immediately.**

Cancellation policy: Please notify us by 11am the day before your appointment if you must change or cancel your appointment. If prior notification is not received, a full fee is expected to compensate the therapist for overhead costs and lost wages. No-shows are also expected to remit full payment to therapist.

What to expect:

- Your first appointment for lymph is 90 minutes; subsequent sessions and/or traditional massage will be either 60 or 90 minutes. We've set aside enough time before and after your treatment to ensure a relaxing pace for arrival and check-out.
- During a Lymphatic Enhancement Treatment, we will be using a combination of Manual Lymphatic Drainage (MLD)* techniques and a medical device that emits mild vibrational & electromagnetic waves. The treatment is gentle, relaxing and very calming to the body. Please see the attached Client Intake Form for any contraindications that may prevent us from utilizing the medical device.
- Your first Colon Hydrotherapy session will be scheduled for 90 minutes, which allows us ample time to review your health history, answer any questions, perform a thorough session and gives you extra time to use in the lavatory, if needed. Typically, you're done sooner, and subsequent sessions usually last no more than an hour.
- It is common to undress completely in privacy and you will be draped under sheets and/or blankets for your warmth and comfort. We will expose only the area to be worked and will do so modestly. We respect your level of comfort and will work around any amount of clothing you prefer to leave on.

Communication: Due to the healing nature of our work, it is important that you communicate any adjustments that are needed to ensure your comfort. Additionally, please inform us of any changes to your medical history or condition upon arrival of each visit.

Payment: Payment is due at the time of service. We accept cash, check, Venmo -- @Laura-Turley-2 (these three are preferred) and credit cards. Packages of 5+ can also be purchased; talk with your therapist to determine the right package for you.

We're looking forward to meeting you and assisting in your healing journey!

~Laura Turley, Owner

**Please note that lymphatic drainage refers to a technique that assists the internal flow of the lymphatic fluid, which allows it to 'drain' back into the blood stream. Our license does not allow for any external interaction with bodily fluids; we do not provide wound care.*