

New Client Information for PROFESSIONAL LYMPHATIC THERAPY *and Wellness*

At Professional Lymphatic Therapy, we are lymphatic specialists, utilizing traditional Manual Lymphatic Drainage (MLD)* techniques as well as Lymphatic Enhancement Treatments (LET). We also provide Colon Hydrotherapy treatments as well as traditional massage therapy. Our therapists are licensed, professional and highly trained to treat myriad health conditions.

Arrival and Parking: Please arrive no more than 5 min early for your appointment and adjust drive time during rush hour. We lock our front door while in session, so if you find the door locked, we will be out shortly; we pride ourselves on running on time, however, exceptions do occur. There are plenty of free parking spaces. **If you are running late, please call the therapist with whom you are scheduled: Laura @ 727.492.0060, Cory @ 904.347.5150, or Kathleen @781.500.2123.**

Cancellation policy: Please notify us by 11am the day before your appointment if you must change or cancel your appointment. If prior notification is not received, a full fee is expected to compensate the therapist for overhead costs and lost wages. No-shows will also be charged a full fee.

What to expect:

- Traditional hand's-on massage sessions can take 60 or 90 minutes, depending on what you've requested. Your first Lymphatic Enhancement Treatment or Colonic will typically last about 90 +/- minutes, which allows us ample time to conduct a thorough health history, provide a full treatment and still have enough time to discuss your results and a treatment plan, if applicable. We've set aside enough time before and after your treatment to ensure a relaxing pace for arrival and check-out.
- During a Lymphatic Enhancement Treatment, we will be using a combination of manual lymphatic drainage (MLD)* techniques and a medical device that emits mild vibrational & electromagnetic waves. The treatment is gentle, relaxing and very calming to the body. Please see the Client Intake Form for any contraindications that may prevent us from utilizing the medical device.
- It is common to undress completely in privacy and you will be draped under sheets and/or blankets for your warmth and comfort. We will expose only the area to be worked and will do so modestly. We respect your level of comfort and will work around any amount of clothing you prefer to leave on.

Communication: Due to the healing nature of our work, it is important that you communicate any adjustments that are needed to ensure your comfort. Additionally, please inform us of any changes to your medical history or condition upon arrival of each visit.

Payment: Payment is due at the time of service. We accept cash, check, Venmo -- @Laura-Turley-2 (these three are preferred) and credit cards. We are unable to accept insurance, however, we can provide you with a receipt which some insurance companies will honor to reimburse you.

We're looking forward to meeting you and assisting in your healing journey!

~Laura M Turley, Owner
Professional Lymphatic Therapy & Wellness

**Please note that lymphatic drainage refers to a technique that assists the internal flow of the lymphatic fluid, which allows it to 'drain' back into the blood stream. Our license does not allow for any external interaction with bodily fluids.*